

## Adult New Patient Questionnaire

Date: \_\_\_\_\_ Sex: M / F

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Allergies: \_\_\_\_\_

What do you consider to be your top three stresses in life?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Risk Assessment:** (Please circle YES or NO)

- |   |                  |             |           |                   |
|---|------------------|-------------|-----------|-------------------|
| 1. Do you ever feel that you do not want to live anymore?                   | Yes              | No          |           |                   |
| 2. If yes, do you have a specific plan to end your life?<br>Explain please: | Yes              | No          |           |                   |
| 3. Do you have access to any weapons?                                       | Yes              | No          |           |                   |
| 4. Have you ever done something to purposefully hurt yourself?              | Yes              | No          |           |                   |
| 5. Have you ever heard voices telling you to hurt yourself?                 | Yes              | No          |           |                   |
| 6. Has anyone in your family committed suicide?                             | Yes              | No          |           |                   |
| 7. Have you ever hurt someone or destroyed property on purpose?             | Yes              | No          |           |                   |
| 8. Have you ever been arrested or detained for violent behavior?            | Yes              | No          |           |                   |
| 9. Have you ever been to jail for any reason?                               | Yes              | No          |           |                   |
| 10. Have you ever been on probation for any reason?                         | Yes              | No          |           |                   |
| 11. Do you currently have problems with pain?                               | Yes              | No          |           |                   |
| 12. Are your childhood events contributing to current problems?             | Yes              | No          |           |                   |
| 13. What is your current marital status?                                    | Single           | Married     | Divorced  | Widowed Separated |
| 14. Do you have any children?   | Yes              | No          |           |                   |
| 15. Have you experienced any abuse? (physical, sexual, verbal)              | Yes              | No          |           |                   |
| 16. How satisfied are you with your current family life?                    | Very Unsatisfied | Unsatisfied | Satisfied | Very Satisfied    |
| 17. Are you working?  | Yes              | No          |           |                   |



### Alcohol Use:

1. Do you regularly use alcohol (more than twice per month)?  
In the past: Yes No                      Recently: Yes No
2. Have you had trouble (legal, work, family) because of alcohol?  
In the past: Yes No                      Recently: Yes No
3. Have you felt that you should cut down on your drinking?  
In the past: Yes No                      Recently: Yes No
4. Have you been annoyed by people criticizing your drinking?  
In the past: Yes No                      Recently: Yes No
5. Have you felt bad or guilty about your drinking?  
In the past: Yes No                      Recently: Yes No
6. Have you ever had a drink first thing in the morning?  
In the past: Yes No                      Recently: Yes No

### Other Substance Use/Abuse:

1. Do you use medications (other than over the counter) that were not prescribed to you?  
In the past: Yes No                      Recently: Yes No
2. Have you taken more than the recommended daily dosage of an over the counter medication?  
In the past: Yes No                      Recently: Yes No
3. Have you taken more than the prescribed dose of your prescription medication?  
In the past: Yes No                      Recently: Yes No
4. Have you taken or used any illegal substance?  
In the past: Yes No                      Recently: Yes No
5. Have you used any product or other means to get "high"?  
In the past: Yes No                      Recently: Yes No

### Habits:

1. Do you smoke or chew tobacco regularly?                      Yes      No
2. How many caffeinated drinks to you have per day?  
(coffee, tea, soda)                      \_\_\_\_\_
3. Do you have problems with gambling?                      Yes      No
4. Do you have other potentially harmful habits you want to change?      Yes      No  
If so, what? \_\_\_\_\_

### Goals for Treatment:

What are your goals for treatment? In other words, what things would you like to see change or be different about yourself?

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