

MEDICAL HISTORY – Page 1

Name: _____ DOB: ____/____/____

Please take a few minutes to fill out our health history form. PLEASE fill in all areas, **on all pages**, BEFORE YOUR APPOINTMENT. Your answers will help the provider plan and provide your care.

Name: _____ Age: _____ Today's Date: ____/____/____

Weight: ____ Height: ____ Family Members seen in the office: _____ Primary Care Provider: _____

Who referred you to the office: _____ Doctor/ Coach/Trainer / Family/Other _____
(circle)

Is this a work injury with a Workers Compensation Claim? Yes No Litigation pending? Yes No

Name of attorney (if applicable) _____ Phone # _____

Name of School: _____ Coach's name: _____ Sport _____

What is the primary reason for this visit? Please check (✓)

Toe Foot Heel Ankle Lower Leg Knee Thigh Hip Pelvis Back Neck

Finger Hand Wrist Forearm Elbow Arm Shoulder Clavicle Ribs

Other: _____ **LEFT RIGHT BILATERAL** (circle one)

Right Left Ambidextrous -Hand dominance

Is this due to an injury? Yes No **Date of injury:** _____

If no date of injury, how long has it bothered you? _____

Describe where and how the problem occurred: _____

Have you had any diagnostic studies (xrays, MRI, ect.) done for this problem? Yes No If yes, please list _____

Approx. Date: _____ Location performed: _____

How would you describe the pain? Sharp Dull Stabbing Throbbing Aching Burning Other _____

How often does the pain occur? Constant Intermittent Recurring Other _____

Have you ever injured this area before? Yes No Does your pain keep you awake at night? Yes No

How severe is your pain? (**Rate on a scale from 0-10, 10 is worst**) _____

Do you have any of the following: Swelling Bruising Tingling Weakness Redness Numbness

Since my problem started, it is now: Better Worse Unchanged

What makes your symptoms worse? Standing Walking Lifting Bending Exercise Twisting Squatting
Kneeling Stairs Sitting Coughing/Sneezing Other _____

What makes your symptoms better? Rest Ice Heat Other _____

Have you been treated for this condition? Yes No If yes, treating physician/ER: _____

Describe the treatment: _____

What medications have you taken for this problem? _____

Any relief from those medications? Yes No Partial relief Temporary relief How long? _____

MEDICAL HISTORY - Page 2

Name: _____ DOB: ____/____/____

Comprehensive Review of Systems Please check (✓) a YES on each line and if left blank it is assumed to be NO.

No Symptoms??(All answers below are NO.)

CONSTITUTIONAL

- Loss of appetite? Yes
- Chills? Yes
- Sweating Heavily at Night? Yes
- Feeling Tired / Fatigue? Yes
- Fever? Yes
- Recent Weight Loss? Yes
- Recent Weight Gain? Yes

HEAD, EAR, NOSE, THROAT

- Ear Drainage? Yes
- Hearing Loss? Yes
- Nasal Congestion? Yes
- Facial Pain? Yes
- Ringling in Ears (Tinnitus)? Yes
- Difficulty Swallowing Yes
- Hoarseness? Yes

EYES

- Sensitivity to Light? Yes
- Worsening Vision/ Loss? Yes
- Seeing Double (diplopia)? Yes

RESPIRATORY /CARDIAC

- Cough? Yes
- Difficulty breathing (dyspnea)? Yes
- Wheezing? Yes
- Chest Pain? Yes
- Limb Swelling? Yes
- Irregular heartbeat/Palpitations? Yes

GASTROINTESTINAL

- Heartburn? Yes
- Abdominal pain? Yes
- Black tarry or blood in stools? Yes

- Constipation? Yes
- Diarrhea? Yes
- Nausea? Yes
- Vomiting? Yes
- Yellow Skin / eyes (Jaundice)? Yes

METABOLIC/ENDOCRINE

- Cold Intolerant? Yes
- Heat Intolerant? Yes

GENITOURINARY

- Painful urination? Yes
- Frequent Urination? Yes
- Blood in urine? Yes
- Urge / or Urinary Incontinence? Yes

MUSCULOSKELETAL

- Sudden Unexplained Fractures? Yes
- Joint / or Bone Pain? Yes
- Joint Swelling? Yes
- Joint Stiffness Yes

SKIN

- Cyanosis-Blue coloration of skin Yes
- Rash? Yes
- Itchy Skin? Yes

IMMUNOLOGICAL

- Seasonal Allergy? Yes
- Asthma? Yes

NEUROLOGICAL

- Dizziness? Yes
- Headache? Yes
- Spinning Dizziness (Vertigo) Yes
- Numbness / Tingling? Yes
- Convulsions (Seizures)? Yes
- Fainting (Syncope)? Yes
- Involuntary Movement(Tremors) Yes
- Muscle Weakness? Yes
- Feeling Weak on exertion? Yes
- Memory Loss? Yes
- Poor Coordination? Yes

HEMATOLOGIC

- Easy bleeding? Yes
- Easy bruising? Yes

PSYCHIATRIC

- Depression? Yes
- Anxiety? Yes
- Insomnia (Difficulty Sleeping)? Yes

List Any Other Symptoms:

MEDICAL HISTORY - Page 3

Name: _____ DOB: ____/____/____

Medical Problems (List all past and current medical problems)

Arthritis	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Osteoporosis	<input type="checkbox"/> No	<input type="checkbox"/> Yes	History MRSA or VRE	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Cancer	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Depression	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Other medical problems: _____		
Coronary Artery Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Lung Problems	<input type="checkbox"/> No	<input type="checkbox"/> Yes			
Diabetes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	High Cholesterol	<input type="checkbox"/> No	<input type="checkbox"/> Yes			
Heart Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Stomach Ulcers	<input type="checkbox"/> No	<input type="checkbox"/> Yes			
Hypertension	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Sleep Apnea	<input type="checkbox"/> No	<input type="checkbox"/> Yes			
Kidney Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Pregnant or Nursing	<input type="checkbox"/> No	<input type="checkbox"/> Yes			

Surgical History *Please check (✓) all that apply*

<input type="checkbox"/> Neurological Surgery	<input type="checkbox"/> Thyroid
<input type="checkbox"/> Hysterectomy	<input type="checkbox"/> Appendectomy
<input type="checkbox"/> Tonsillectomy	<input type="checkbox"/> Prostate
<input type="checkbox"/> Joint Replacement	<input type="checkbox"/> Hernia Repair
<input type="checkbox"/> Cardiac Surgery	<input type="checkbox"/> Gallbladder
<input type="checkbox"/> Breast Surgery	<input type="checkbox"/> Other:

Please describe any other major surgeries and previous hospitalizations:

CURRENT MEDICATIONS: *List all medications- list any additional on back of page*

Medicine	Over the Counter Vitamins/Supplements	Dosage	How often?	Provider
Ex: Lasix		20mg	Twice a day	Dr. Jones
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

MEDICAL HISTORY - Page 4

Name: _____ DOB: ____/____/____

Preferred Pharmacy: _____

ALLERGIES: List all allergies *and the type of reaction* (Ex: Sulfa- rash, Codeine- nausea, etc.)

Allergies	Type of Reactions
1.	
2.	
3.	
4.	

FAMILY HISTORY: Please check &/or list all family members that apply

Illness	Relation to you
<input type="checkbox"/> No known Problem	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other: _____
<input type="checkbox"/> Anesthesia Problem	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other:
<input type="checkbox"/> Broken Bones	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other:
<input type="checkbox"/> Cancer	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other: _____
<input type="checkbox"/> Clotting Disorder	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other:
<input type="checkbox"/> Collagen Disease	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other:
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other: _____
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other:
<input type="checkbox"/> Drug Abuse	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Child <input type="checkbox"/> Other: _____

SOCIAL HISTORY: Check &/or answer each question.

Tobacco Use:	<input type="checkbox"/> Current <input type="checkbox"/> Former (Quit Year _____) <input type="checkbox"/> Never <input type="checkbox"/> Exposure to Smoke <input type="checkbox"/> E-Cigs <input type="checkbox"/> Other :
Alcohol Use:	<input type="checkbox"/> Never drink <input type="checkbox"/> Occasional/social drinker <input type="checkbox"/> _____ # of drinks/day of alcohol
Drug Use:	<input type="checkbox"/> None <input type="checkbox"/> Other use:
Sexually Active:	<input type="checkbox"/> No <input type="checkbox"/> Yes – with <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Both # of _____ sexual partners
Employment:	Current Job/Occupation?
Marital Status:	<input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Single # of Children? _____ # of Grandchildren?

To the best of my knowledge, the questions on this form have been answered accurately. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

Signature of Patient, Parent or Guardian: _____ Date: ____/____/____