

Follow-Up Visit Review of Systems

Name: _____ **Date:** _____ **DOB:** _____

REVIEW OF SYSTEMS (Circle any of the following symptoms you have experienced in the past 6 months):

Constitutional

- Activity change
- Appetite change
- Fatigue
- Fever
- Unexpected weight change

HENT

- Congestion
- Ear pain
- Hearing loss
- Nosebleeds
- Runny nose
- Sinus pain
- Sore throat
- Ringing in the ears
- Difficulty swallowing
- Voice change

Eyes

- Eye pain
- Eye redness
- Sensitivity to light
- Visual disturbance

Respiratory

- Chest tightness
- Cough
- Shortness of breath

Cardiovascular

- Chest pain
- Leg swelling
- Palpitations

Gastrointestinal

- Abdominal distention
- Abdominal pain
- Constipation
- Diarrhea
- Nausea
- Vomiting

Endocrine

- Cold intolerance
- Heat Intolerance

Genitourinary

- Painful urination
- Urinary Frequency

Musculoskeletal

- Joint pain
- Back pain
- Difficulty Walking
- Joint swelling
- Muscle pain
- Neck pain

Skin

- Color change
- Rash

Allergies/Immune System

- Food allergies
- Immuno-compromised

Neurological

- Dizziness
- Headaches
- Light-headedness
- Numbness
- Seizures
- Speech difficulty
- Syncope
- Tremors
- Weakness

Hematologic

- Bruises/bleeds easily

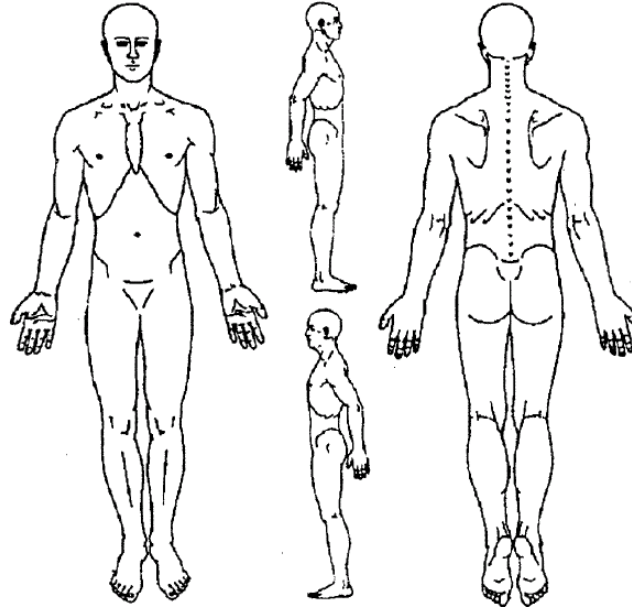
Psychiatric

- Agitation
- Behavior problem
- Confusion
- Decreased concentration
- Hallucinations
- Nervous/anxious
- Sleep disturbance

Pain Survey

Location: In what part of your body is your pain the worst? _____

Please mark the area(s) of injury or discomfort on the chart below:



Describe the quality and character of your pain. (Check all that apply)

- Aching Burning Cold Electric Shock Dull Hot/Flushed Numb Tingling Stabbing
 Sharp Pins & Needles Throbbing Other (describe): _____

Rate the severity of your pain at its worst on this scale (1 = mild, 10 = worst pain of your life):

1-----2-----3-----4-----5-----6-----7-----8-----9-----10

Radiation/Referral Pattern: Does your pain travel to other locations? Yes No If yes, where? _____

Describe the frequency of your pain. Daily Weekly Monthly Constant Infrequent/episodic/irregular

Timing: At what time of day (or night) is the pain at its worst? _____

Aggravating Factors: What worsens the pain? _____

Alleviating Factors: What makes the pain better? _____

Activity: Are you exercising, walking, stretching, etc? _____

How Many Hours of Sleep do you average per night? _____ **Would you consider this quality sleep?** Yes No

How would you describe your mood? Irritable Sad Happy most of the time Other: _____

Are you currently working? (Circle one) Full-Time Part-Time Not Currently Working